#### Overview:

There are numerous ways/means by which volunteers can complete training or participate in upcoming community events, and exercises/drill set.

This is a static snapshot of projected/anticipated training opportunities, community events, and exercises/drill set that our unit may be involved in throughout 2015; other opportunities will present during the year (you will be notified of those opportunities as they happen). The dates, times, topics, and locations are subject to change based on volunteer/space availability and VDH/Partner Organization requirements beyond our control. This training plan does not include projected or specific Office of Risk Communication and Education training; these upcoming training opportunities, community events, and exercises/drill sets are/will be announced using the Virginia Volunteer Health System (VVHS) Alert notification process.

## Additional Training Venues:

TrainVirginia is a credible source of training that provided self-paced, recorded, and live local, state, & national level training opportunities. TRAINVirginia participants must establish an account to use this free training resource; please follow directions posted at:

http://www.vdh.virginia.gov/mrc/wtmrc/documents/2014/pdf/To%20Create%20a%20VA%20MRC%20TRAIN%20VA%20A ccount.pdf

The Tidewater Emergency Management Services (TEMS) Council offers some no-cost/low cost courses to support First Responders & Medical Reserve Corps requirements. Please visit <a href="http://tidewater.vaems.org/">http://tidewater.vaems.org/</a> to review upcoming course offerings.

The Peninsula Emergency Management Services (PEMS) Council offers no-cost/low cost courses to support First Responders &Medical Reserve Corps requirements. Please visit <a href="http://www.peninsulas.vaems.org/index.php?option=com\_jevents&view=month&layout=calendar&Itemid=273">http://www.peninsulas.vaems.org/index.php?option=com\_jevents&view=month&layout=calendar&Itemid=273</a> to review upcoming course offerings.

The Virginia Department of Emergency Management (VDEM) announces future Incident Command System (ICS) training opportunities and also provides a VDEM Update e-mail in which volunteers can review and register for VDEM related training opportunities. To subscribe to the VDEM Update email please access: http://www.vaemergency.gov/news/subscribe

#### **FEBRUARY:**

Saturday, 7 Feb, 8:30AM-12:30PM

AHA HeartSaver CPR/AED (Adult, Child, Infant)

Suffolk Health & Human Services Building; 135 Hall Avenue, 3rd floor Public Health Admin Conference Room

Saturday 21 Feb, 8:30AM-12:30PM

AHA HealthCare Provider CPR/AED (Adult, Child, Infant)

Suffolk Health & Human Services Building; 135 Hall Avenue, 3<sup>rd</sup> floor Public Health Admin Conference Room Watch for class announcement

Saturday 21 Feb, 8:30AM-12:30PM

**AHA Basic First Aid** 

Suffolk Health & Human Services Building; 135 Hall Avenue, 3<sup>rd</sup> floor Public Health Admin Conference Room Watch for class announcement

Thursday, 26 Feb, 7-8PM

**Utilizing Volunteer Technology for MRC** 

Webinar or Suffolk Health & Human Services Building; 135 Hall Avenue, 3rd floor Public Health Admin Conference Room

**Friday 27 Feb**, 12-5pm

2015 Mission of Mercy (Free Dental Clinic)

King's Fork Middle School, 350 King's Fork Road, Suffolk, VA 23434

Register at: <a href="http://www.vdaf.org/Suffolk-MOM-Project/">http://www.vdaf.org/Suffolk-MOM-Project/</a>

Please inform Unit Coordinator if you are participating in this event!

Saturday, 28 Feb, 8AM-5PM

Mission of Mercy (Free Dental Clinic)

King's Fork Middle School, 350 King's Fork Road, Suffolk, VA 23434

Register at: http://www.vdaf.org/Suffolk-MOM-Project/

Please inform Unit Coordinator if you are participating in this event!

#### MARCH:

Saturday 14 Mar; 10AM-Completed.

Health Occupation Students of America (HOSA) Conference

Williamsburg Doubletree Hotel, 50 Kingsmill Road, Williamsburg

Nominated Volunteers only, please contact Unit Coordinator if interested in participation.

Sunday 15 Mar; 10AM-Completed.

Health Occupation Students of America (HOSA) Conference

Williamsburg Doubletree Hotel, 50 Kingsmill Road, Williamsburg

Nominated Volunteers only, please contact Unit Coordinator if interested in participation.

This plan is subject to change based on volunteer availability and VDH requirements

## Saturday, 21 March, 8:30AM-12:30PM

#### AHA HeartSaver CPR/AED (Adult, Child, Infant)

Suffolk Health & Human Services Building; 135 Hall Avenue, 3<sup>rd</sup> floor Public Health Admin Conference Room Watch for class announcement

## Saturday, 21 March, 8:30AM-12:30PM

#### **AHA Basic First Aid**

Suffolk Health & Human Services Building; 135 Hall Avenue, 3<sup>rd</sup> floor Public Health Admin Conference Room Watch for class announcement

#### Saturday, 23 March, 6-8:30PM

## 2015 Basic SKYWARN class/National Weather Service SKYWARN training

Online enrollment format for registrants <u>weather.gov/akq/skywarn</u>
Suffolk Health & Human Services Building; 135 Hall Avenue, 3<sup>rd</sup> floor Public Health Admin Conference Room Watch for class announcement

#### **APRIL:**

#### **Saturday, April 4, 8:00AM-12:00PM**

### IS-100 Introduction to Incident Command System / IS-700 National Incident Management System (NIMS)

Specific location and class details to be announced.

## Saturday, 18 April, 8:30AM-12:30PM

#### **AHA Basic First Aid**

Suffolk Health & Human Services Building; 135 Hall Avenue, 3<sup>rd</sup> floor Public Health Admin Conference Room Watch for class announcement

## Saturday, Apr 25 7:30AM-5:30PM

## 2015 Hampton Roads, Tour de Cure

Kings Fork High School 351 Kings Fork Rd., Suffolk, VA 23434 Suffolk (Offsite locations will include: Veterans Memorial Cemetery, Woodland United Methodist Church, Western Branch Baptist Church, Holland Community House, 3417 Pittmantown Road, Whaleyville Fire Station #8/Community Center, Liberty Spring Christian Church, and Bethlehem Ruritan Club). Specific locations and details to be announced.

#### MAY:

# Saturday, 2 May 8AM-12:30PM Introduction to Mental Health

Specific location and details to be announced.

This plan is subject to change based on volunteer availability and VDH requirements

Saturday, 16 May 8AM-12:00PM

IS-22 - Are You Ready? An In-depth Guide to Citizen Preparedness

Specific location and class details to be announced.

Saturday, 30 May 8AM-12PM

Cities Readiness Initiative (CRI), Chempak, and Point of Dispensing (PoD)

Specific location and class details to be announced.

JUNE:

Saturday, 13 June 8AM-1PM

IS-100 Introduction to Incident Command System / IS-700 National Incident Management System (NIMS)

Specific location and class details to be announced.

JULY:

Saturday, 11<sup>h</sup> 8:30-11:30AM

**Shelter Training** 

Specific location and class details to be announced; watch for class announcement

Saturday, 25 8:00AM-12PM

**IS-5A Introduction to Hazardous Material** 

Specific location and class details to be announced.

AUGUST:

Saturday, 8, 8:30-11:30AM

Shelter Training

Specific location and class details to be announced.

12-15: Franklin-Southampton County Fair

**SEPTEMBER:** 

Saturday, 5, 8:30AM-12:30PM

AHA HeartSaver CPR/AED (Adult, Child, Infant)

Suffolk Health & Human Services Building; 135 Hall Avenue, 3<sup>rd</sup> floor Public Health Admin Conference Room Watch for class announcement

Saturday, 5, 8:30AM-12:30PM

**AHA Basic First Aid** 

Suffolk Health & Human Services Building; 135 Hall Avenue, 3<sup>rd</sup> floor Public Health Admin Conference Room Watch for class announcement

17-20: Isle of Wight County Fair

This plan is subject to change based on volunteer availability and VDH requirements

Wednesday, 30, 6:30-8:30PM
Yearly Birthday Celebration & Awards Ceremony
Suffolk Health & Human Services Building; 135 Hall Avenue, 3<sup>rd</sup> floor Public Health Admin Conference Room

## **OCTOBER:**

Oct 8-11, 38th Annual Peanut Fest: 2015 1410 Airport Road, Suffolk, VA

Oct 17 & 18<sup>th</sup>, Driver Days Driver VA

#### **NOVEMBER:**

As Determined by Availability & Funding

#### **DECEMBER:**

As Determined by Availability & Funding

## Online courses that you can complete anytime:

Core Training Requirements	Web Resource Location	Will be Offering In Class Sessions
IS-22: Are You Ready?	http://www.training.fema.gov/IS/courseOverview.aspx?code=IS-22	Yes
IS-100.b - Introduction to Incident Command System (See Note 1)	http://www.training.fema.gov/IS/courseOverview.aspx?code=IS-100.b	Yes
IS-700a: National Incident Management System (NIMS), An Introduction	http://www.training.fema.gov/IS/courseOverview.aspx?code=IS-700.a	Yes
Cities Readiness Initiative (CRI)	http://www.vdh.virginia.gov/mrc/WTMRC/videos/CRI_Training_Tidewater.exe	Yes
Point of Dispensing Overview	http://www.vdh.virginia.gov/mrc/WTMRC/videos/PointsOfDispensingOverview.mp4	Yes
Bioterrorism Awareness	http://www.netce.com/coursecontent.php?courseid=759	Yes
IS-5.A: An Introduction to Hazardous Materials	http://www.training.fema.gov/IS/courseOverview.aspx?code=IS-5.a	Yes
Introduction to Mental Health	In Class Session or Available via TRAINVirginia account (Search for Course ID #: 1048051)	Yes
CPR/AED	In Class Session Only	Yes
First Aid / Basic Life Support	In Class Session Only	Yes
Blood Borne Pathogens	Bloodborne Pathogen Standard for VDH Employees	No

#### Notes:

You can do any of the IS-100 courses as they are specific to Health Care (HC), Higher Education (HE), Law Enforcement (LE) etc... just look for 100HCb, 100HE or otherwise at the FEMA site <a href="http://www.training.fema.gov/IS/crslist.asp">http://www.training.fema.gov/IS/crslist.asp</a>